

Charity Number 1057135

British Society for Mental Health and Deafness
Annual Report
For the year ended 31 March 2018

The British Society for Mental Health and Deafness

bsmhd

Promoting Positive Deaf Mental Health

Annual Report for the year ending 31 March 2018

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Charity information

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Trustees' Report

The Trustees have pleasure in presenting their report together with the accounts of the Society for the year ended 31st March 2018. The financial statements of the charity are prepared in accordance with the Statement of Recommended Practice issued by the Charity Commissioners in March 2005.

British Society for Mental Health and Deafness

The British Society for Mental Health and Deafness is a registered charity under number 1057135. It is governed by its Constitution.

Objectives

The British Society for Mental Health and Deafness (BSMHD) is the society for the promotion of the positive mental health of deaf people in Britain.

Membership of the Executive Committee

The names of the persons who have served as Trustees during this financial year are as follows:

Dr Katherine Rogers	(Chair) (maternity leave)
Celia Hulme	(Acting Chair) (Re-elected 26 th January 2018)
Helga McGilp	(Resigned 26 th January 2018)
Dr Kevin Baker	(Resigned & Co-opted January 2018)
Herbert Klein	(resigned and elected President January 2018)
Shirley Farthing	(Re-elected 26 th January 2018)
Dr Alex Hamilton	

Dr Kevin Baker and Helga McGilp completed two 3 year terms as Trustees in February 2018 and under the terms of the Constitution, were unable to seek re-election. Helga McGilp did not wish to continue as Trustee; Dr Kevin Baker was Co-opted onto the Board.

Herbert Klein resigned as Trustee in February 2018. In recognition of his long involvement with the Society, was appointed as Lifelong President.

Organisation structure & Decision making

The business of the Society is managed through an Executive Committee formed of all the appointed Trustees. The committee meets formally at least three times a year and on additional occasions if and when required.

The day to day running of the Society is delegated to the General Secretary who reports directly to the Executive Committee. It has always been the policy that where trustees' expertise may be helpful, the CEO and individual trustees work together.

Income

The main sources of income for the 2017/18 financial year were The Big Lottery in Wales (ARIENNIR GAN Y LOTERI), membership, training fees and donations.

Review of the year

During the year, the Chair, Dr Katherine Rogers took maternity leave and Celia Hulme assumed the role of Chair in Dr Rogers' absence.

Herbert Klein who was one of the founders of the society in 1996 was elected as the Society's first Lifetime President in recognition of his long term involvement with mental health and Deafness in the UK.

The Trustees, have maintained a steady course in spite of the continuing challenging economic climate faced by Charities, particularly with grant funding, and we have adequate reserves.

The Big Lottery project "Hear Deaf Mental Health in Wales" commenced its second year of operations on 1st January 2018. The funding, along with our partners; British Deaf Association, Action on Hearing Loss and Centre for Sign, Sight and Sound, as well as Mental Health First Aid (Wales)/Training in Mind has enabled us to transform our involvement with mental health services in Wales. In line with the grant aims, we have delivered three Mental Health First Aid (MHFA) courses in Wales below budget, and as a result we were able to use the surplus to recruit and train four new Deaf MHFA Instructors. This training commenced in March 2018 and is due to be finalised in the Autumn. This, along with our newly recruited Peer Deaf Mental Health Advocates, ensures that we will leave a lasting legacy for Deaf mental health in Wales.

In England, we have continued to deliver successful Mental Health First Aid courses (see www.mhfaengland.org for further details) specifically tailored for the wider Deaf community and will continue to do so in 2018/2019.

Once again, our General Secretary, Roger Hewitt, has worked tirelessly, often on a voluntary basis, to maintain the services and standards that are expected from the Society.

After due consideration, the Trustees took the decision that membership of the Society should be free. In order for the Society to maintain membership lists, members now only have to provide their Email contact details.

We held a regional meeting and AGM in January 2018 in Birmingham. However, other regional meetings were cancelled due to low confirmation of attendance.

We continue to have a social media presence via Facebook and our web site (www.bsmhd.org.uk), both of which are regularly updated.

Outlook for 2018 - 2019

In line with previous years, our expectations for 2018 /2019 are that we will maintain our current level of activity, which continues to be adjusted to meet the current economic climate. The general financial uncertainty is still being felt strongly in the charity sector and BSMHD are no different.

Once again, our main focus during the year will be on the "Hear Deaf Mental Health in Wales" Big Lottery project and we will continue to deliver training courses, including Adult Mental Health First Aid in England as it supports our charitable aims of promoting positive mental health, either through funding or by charging fees.

There will also be a focus on what services we offer to our membership and how this can be improved or amended.

The Chair and Acting Chair would like to thank all current Trustees for their commitment to BSMHD and to our members for their longstanding support. The Trustees also wish to thank Roger Hewitt for all his hard work in efficiently managing BSMHD's everyday demands in spite of some challenging circumstances.

Trustees' responsibilities

Charity law requires Trustees to prepare accounts for each financial year, which give a true and fair view of the state of the charity's affairs at the end of each period and of its surplus or deficit for that period. In preparing those accounts, Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the accounts; and
- prepare the accounts on the going concern basis unless it is appropriate to presume that the charity will not continue to operate.

Trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the charity's financial position and enable it to ensure that the accounts comply with the Charity law. They are also responsible for safeguarding the charity's assets and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Reserves

The Board of Trustees believes that the charity should hold financial reserves (the "Emergency Operating Reserve" - EOR) because it has no endowment funding and is entirely dependent for

income upon grants, fees, sponsorship and income generated from year to year which is inevitably subject to fluctuation and it requires protection against, and the ability to continue operating despite, catastrophic or lesser but damaging events. The trustees believe that the minimum level of the EOR should be the equivalent of three months' core operating costs, and that the maximum level of the EOR should be the equivalent of six months' core operating costs, calculated and reviewed annually.

At 31 March 2018, the level of EOR stands at £10,502, which is above the maximum requirement for that year. The trustees will set budgets over the coming years to maintain the EOR within the agreed levels. The trustees believe that the EOR should be maintained at the desired level consistent with the charity's overall financial position and its need to maintain and develop its charitable activities.

Internal Financial Control

The charity has in place systems of internal control. They are designed to provide reasonable, but not absolute, assurance against material misstatement or loss. They include:

- A rolling plan and an annual budget and operational plan approved by the Trustees.
- A number of matters are specifically reserved for the Trustees' approval.
- There is a clear organisational structure with appropriate lines for reporting.
- Regular consideration by the Trustees of financial results, variance from budgets, non-financial performance indicators and benchmarking reviews.
- The development of policy documents covering major strategic and operational activities reviewed with appropriate regularity and consultation.
- The delegation by the Trustees to the General Secretary of the management and identification of risks.

Risk Management

The Trustees conduct an annual review of the risks to which the charity is exposed. Following a review in 2016/2017, for 2017/18 the Trustees identified no immediate major risks.

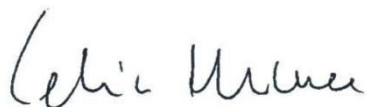
Structure of governance

The members at the Annual General Meeting elect trustees for periods of three years. Under the terms of the Constitution, Trustees may co-opt people with specific knowledge & expertise to the Board for a period up to the next AGM.

Public Benefit

The Trustees confirm that they have complied with their duty under section 4 of the Charities Act 2006 to have due regard to the Charity Commission's general guidance on public benefit.

By order of the Board



Celia Hulme
Acting Chair
20th September 2018

Independent examiner's report to the trustees of British Society for Mental Health and Deafness

I report on the accounts of the Charity for the year ended 31 March 2018, which are set out on the attached pages 7 to 10.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (a) which gives me reasonable cause to believe that in any material respect the requirements:
- i) to keep accounting records in accordance with section 130 of the Charities Act; and
 - ii) to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- (b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Jane E Spencer-Davis BA FCCA CTA

Chartered Certified Accountant
Spencer-Davis & Company
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**Statement of financial activities for the year ended
31 March 2018**

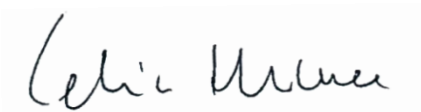
	General Fund	Restricted Funds	2018 £	2017 £
Incoming Resources				
Grants	-	62,041	62,041	16,635
Investment Income	-	-	-	15
Membership Fees	595	-	595	1,355
Events Income	3,632	-	3,632	18,130
Donations	3,812	-	3,812	3,293
Miscellaneous	-	-	-	-
Total Incoming Resources	8,039	62,041	70,080	39,428
Resources Expended				
Events/Projects Costs	2,950	197	3,146	7,753
Secretariat	5,060	13,295	18,355	15,853
Travel & Subsistence	409	12,733	13,142	880
Bank charges	60	-	60	30
Interpreters	-	9,980	9,980	84
Publicity	-	2,302	2,302	100
Contract Personnel	-	6,550	6,550	4,285
Training	-	11,172	11,172	-
Monitoring & Evaluation	1,206	1,416	2,622	-
Postage, Printing & Stationery	14	-	14	13
Subscriptions & Publications	360	-	360	470
Independent Examiner's fees	480	-	480	480
Trustees' Expenses	178	-	178	208
Total Resources Expended	10,656	57,644	68,300	30,156
Net Incoming Resources	(2,617)	4,397	1,780	9,272
Fund Balance 1st April 2017	13,119	14,855	27,974	18,702
Fund Balance 31st March 2018	10,502	19,252	29,754	27,974

**Balance Sheet
as at 31 March 2018**

		2018 £	2017 £
Fixed Assets	Notes		
Tangible Fixed Assets		0	0
Current Assets			
Debtors		0	0
Cash at Bank		29,754	28,854
Current Liabilities		29,754	28,854
Creditors & Accruals	2	(-)	(880)
Net Current Assets		29,754	27,974
Total Assets less Current Liabilities		29,754	27,974
Represented by			
General Fund		10,502	13,119
Restricted Funds		19,252	14,855
		29,754	27,974

The financial statements on pages 7 to 10 were approved by the Trustees

On behalf of the Trustees



Celia Hulme
Acting Chair
20th September 2018

Accounting policies

The financial statements have been prepared under the historical cost convention. The financial statements have been prepared in accordance with the Statement of Recommended Practice - Accounting and Reporting by Charities (SORP 2005) issued in March 2005, and applicable UK accounting standards. The principal accounting policies adopted in the preparation of the financial statements are set out below.

Incoming Resources

All incoming resources are included in the SoFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. No amounts are included in respect of services provided by volunteers.

Grants

All grants are recognised in full in the statement of financial activities in the year in which they are receivable, unless these relate to a specific future period in which case they are deferred.

Resources Expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to that category. Resources expended include attributable VAT which cannot be recovered.

Governance costs include the management of the charity's assets, organisational management and compliance with constitutional and statutory requirements.

Taxation

The Society, being a registered charity, is not taxable.

Fixed assets

Depreciation is charged so as to write off the cost of assets acquired evenly over their estimated useful lives.

Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific instructions imposed by the donors or which have been raised by the charity for particular purposes. Expenditure which meets these criteria is charged to the fund together with an agreed allocation of management and administration costs.

Notes to the financial statements for the year ended 31 March 2018

1. Personnel

There were no employees during the year.

Trustees receive no remuneration. Trustees received expenses to the value of £197 (2016/17: £208).

2. Creditors (amounts falling due within one year)

	2018	2017
	£	£
Accruals	-	880
	-	880

3. Restricted funds

£62,041 of restricted income was received during the year and £57,644 of this was spent. The remaining £4,397 was carried forward and will be spent in the 2018/19 year. The funds were held in Cash at Bank at 31 March 2018.